

PLANNING CROSSFIT TOURNAI 2020



LUNDI

MARDI

MERCREDI

JEUDI

VENREDI

SAMEDI

DIMANCHE

9:00	Fermé	Fermé	Fermé	Fermé	Fermé	9:00 - TEENS (0/10)	Fermé	9:30 - Yoga / Mobilité
10:00	10:00 - 11:00 Free Access (0/15)	10:00 - 11:00 Free Access (0/15)	10:00 - 11:00 Free Access (0/15)	10:00 - 11:00 Free Access (0/15)	10:00 - 11:00 Free Access (0/15)	9:45 - KIDS (0/10)		
11:00	11:00 - 12:00 Free Access (0/14)	11:00 - 12:00 Free Access (0/15)	11:00 - 12:00 Free Access (0/15)	11:00 - 12:00 Free Access (0/15)	11:00 - 12:00 Free Access (0/15)	10:30 - 12:30 Haltéris (0/12)	10:30 - 11:30 WOD (0/14)	10:30 - 11:30 Free Access (0/14)
12:00	12:00 - 13:00 Free Access (0/15)	12:00 - 13:00 Free Access (0/15)	12:00 - 13:00 Free Access (0/15)	12:00 - 13:00 Free Access (0/15)	12:00 - 13:00 Free Access (0/15)		11:30 - 12:30 WOD (0/14)	11:30 - 12:30 WOD (0/14)
13:00	12:15 - 13:15 WOD (0/14)	12:15 - 13:15 WOD (0/14)	12:15 - 13:15 WOD (0/14)	12:15 - 13:15 WOD (0/14)	12:15 - 13:15 WOD (0/14)	12:30 - 14:00 Free Access (0/14)		11:30 - 12:30 Free Access (0/14)
14:00	13:00 - 14:00 Free Access (0/15)	13:00 - 14:00 Free Access (0/15)	13:00 - 14:00 Free Access (0/15)	13:00 - 14:00 Free Access (0/15)	13:00 - 14:00 Free Access (0/15)		Fermé	
15:00	14:00 - 15:00 Free Access (0/15)	14:00 - 15:00 Free Access (0/15)	14:00 - 15:00 Free Access (0/15)	14:00 - 15:00 Free Access (0/15)	14:00 - 15:00 Free Access (0/15)			
16:00	15:00 - 16:00 Free Access (0/15)	15:00 - 16:00 Free Access (0/15)	14:45 - TEENS (0/10)	15:00 - 16:00 Free Access (0/15)	15:00 - 16:00 Free Access (0/15)			
17:00	16:00 - 17:00 Free Access (0/15)	16:00 - 17:00 Free Access (0/15)	15:45 - KIDS (0/10)	16:00 - 17:00 Free Access (0/15)	16:00 - 17:00 Free Access (0/15)			
18:00	17:00 - 18:00 WOD (0/14)	17:00 - 18:00 WOD (0/14)	16:30 - Free Access (0/14)	17:00 - 18:00 WOD (0/14)	17:00 - 18:00 WOD (0/14)			
19:00	17:00 - 18:00 Free Access (0/15)	17:00 - 18:00 Free Access (0/14)	17:00 - 19:00 Haltéris (0/12)	17:00 - 18:00 WOD (0/14)	17:00 - 18:00 Free Access (0/14)			
20:00	18:00 - 19:00 WOD (0/14)	18:00 - 19:00 Free Access (0/15)	18:00 - 19:00 WOD (0/14)	18:00 - 19:00 WOD (0/14)	18:00 - 19:00 Free Access (0/14)			
	18:00 - 19:00 Free Access (0/14)	18:00 - 19:00 WOD (0/14)	18:00 - 19:00 Free Access (0/14)	18:00 - 19:00 WOD (0/14)	18:00 - 19:00 Free Access (0/14)			
	19:00 - 20:00 WOD (0/14)	19:00 - 20:00 Free Access (0/14)	19:00 - 20:00 WOD (0/14)	19:00 - 20:00 Free Access (0/14)	19:00 - 20:00 Free Access (0/14)			
	19:00 - 20:00 Free Access (0/14)	19:00 - 20:00 WOD (0/14)	19:00 - 20:00 Free Access (0/14)	19:00 - 20:00 WOD (0/14)	19:00 - 20:00 Free Access (0/14)			
	20:00 - 21:00 WOD (0/14)	20:00 - 21:00 Free Access (0/14)	20:00 - 21:00 WOD (0/14)	20:00 - 21:00 Free Access (0/14)	20:00 - 21:00 Free Access (0/14)			
	20:00 - 21:00 Free Access (0/14)	20:00 - 21:00 WOD (0/14)	20:00 - 21:00 Free Access (0/14)	20:00 - 21:00 WOD (0/14)	20:00 - 21:00 Free Access (0/14)			

